

# Community Resource Guide



A quick guide to basic services available in **Shawnee County, Kansas**

Information is provided as a community service and does not necessarily constitute endorsement. This is not a complete list of resources; information is updated annually.

## Medical

### Local health services/ clinics

- Shawnee County Health Department, ..... (785) 251-5600  
.....(STD, WIC, Immunizations, Pregnancy testing, Nurse-Family Partnership)
- University of Kansas St. Francis..... (785) 295-8000
- Stormont Vail Hospital ..... (785) 354-6000
- Hillcrest Health Clinic, Topeka (Low cost or Free Health Care, Pregnancy, Teen Clinic)  
..... (785) 354-4011 or (785) 291-2400
- Salvation Army, Topeka (Health Services and Prescription Costs) ..... (785) 233-9648
- Shawnee County Health Access (Medications Assistance, Visits & Prescription) .... (785) 235-0996
- Grace Med Capitol Family Clinic (Central Topeka) ..... (785) 861-8800
- Grace Med Highland Park Family Clinic ..... (785) 861-8800
- VA Eastern Kansas health Care System ..... (785) 350-3111
- Health Access for Shawnee County..... (785) 235-0996  
..... [Patients | Shawnee County Medical Society HealthAccess \(scmsha.org\)](#)
- [Community Resource Directory](#) for Shawnee County; Medical, Dental and Public Health,  
..... Pages 133-145

### Mental Health & Substance Abuse Services

[Community Resource Directory](#) for Shawnee County; Mental Health & Substance Abuse Services; pages 123-133

- Valeo Behavioral Health (Mental Health and Substance Abuse) ..... (785) 233-1730
- Family Service and Guidance Center ..... (785) 232-5005
- Stormont Vail Behavioral Health Center (Psychiatric)..... (785) 270-4630
- Heritage Mental Health Clinic (Psychiatric, Psychologist, Social Workers) ..... (785) 272-5566
- KVC Behavioral Healthcare ..... (785) 267-4530
- Heritage Mental Health Clinic..... (785) 272-5566

## Help for Sexual and Domestic Violence (added 2/2022)

- Kansas Coalition Against Sexual and Domestic Violence..... (785) 232-9784  
[Kansas Coalition Against Sexual and Domestic Violence \(KCSDV\)](#)
- Kansas Sexual and Domestic Violence Service Providers – Find Services Near You. [Kansas Sexual and Domestic Violence Organizations – Find on Map | Kansas Coalition Against Sexual and Domestic Violence \(KCSDV\)](#)
- Safety Plan for Victims [Safety Plan for Victims of Domestic Violence | Kansas Coalition Against Sexual and Domestic Violence \(KCSDV\)](#)
- Kansas Crisis Hotline..... (888) 363-2287
- National Domestic Violence Hotline ..... (800) 799-7233

## Dental Services

- Marian Dental Clinic (Dental Care for Uninsured & Low Income Families) ..... (785) 233-2800  
[www.schealth.org/locations/marian-dental-clinic/](http://www.schealth.org/locations/marian-dental-clinic/)
- Shawnee County Health Agency ..... (785) 251-2000
- Grace Med Capitol Family Clinic (Central Topeka) ..... (785) 861-8800
- Grace Med Highland Park Family Clinic ..... (785) 861-8800
- Doorstep (dental voucher; call first for papers you need to bring)..... (785) 357-5341
- Kansas Donated Dental Services ..... (785) 273-1900 or (888) 870-2066
- Kansas Donated Dental Services Online Application ..... <https://dentallifeline.org/kansas/>

## Eye Care

- Grace Med Capitol Family Clinic (Central Topeka) ..... (785) 861-8800
- Grace Med Highland Park Family Clinic ..... (785) 861-8800
- International Lions Club (provides free eye exams and eyeglasses to qualified participants) ..... (316) 773-2100
- Vision USA Program, Topeka (free eye exams for qualified participants) ..... (785) 233-9648
- KDADS ..... (866) 213-9079
- Envision Vision Rehab Center, Wichita.....(316) 440-1600
- Eyecare America ..... (877) 887-6327
- See to Learn (3 year olds) ..... (800) 960-3937

## Prescription Services

- Salvation Army, Topeka (health services and prescription costs) ..... (785) 233-9648
- Shawnee County Health Access (Medications Assistance, Visits & Prescription) .... (785) 235-0996
- Grace Med Capitol Family Clinic (Central Topeka) ..... (785) 861-8800

Grace Med Highland Park Family Clinic .....	(785) 861-8800
Doorstep (call first for papers you need to bring) .....	(785) 357-5341
Vision USA Program (Topeka) .....	(785) 233-9648
Prescription Assistance Program .....	<a href="http://www.KansasDrugCard.com">www.KansasDrugCard.com</a>
Needy Meds (helps with cost of medicine) .....	<a href="http://www.needymeds.org">www.needymeds.org</a>

## Assistive Equipment

Assistive Technology for Kansans .....	(800) 526-3648
Assistive Technology for Kansas, Shawnee .....	(785) 267-1717
Kansas Equipment Exchange (supply or exchange medical equipment for adults and children) .....	(800) 526-3648
Audient Alliance for Accessible (Hearing Aids for Low Incomes) .....	1-(877) 283-4368
K-Loan .....	(620) 421-6554

## Other Health Services

KanCare/Medicaid eligibility and renewal, KanCare Clearinghouse .....	(800) 792-4884
KanCare application, benefits and assistance .....	<a href="http://www.kancare.ks.gov">www.kancare.ks.gov</a>
KanCare Ombudsman office (help with KanCare problems and questions) .....	(855) 643-8180
<a href="http://www.kancare.ks.gov/ombudsman">www.kancare.ks.gov/ombudsman</a>	
Ryan White Outreach Program (HIV/STI help) .....	(316) 293-2652
Ryan White Part B Program, Topeka .....	(785) 296-6174
<a href="http://www.kdheks.gov/sti_hiv/ryan_white_care.htm">www.kdheks.gov/sti_hiv/ryan_white_care.htm</a>	
Senior Health Insurance Counseling for Kansas (SHICK), Topeka .....	(785) 235-1367

## Information and Referral

### Local Resources

Community Action.....	(785) 836-4500
.....	<a href="http://www.wefightpoverty.org">www.wefightpoverty.org</a>
Topeka Independent Living Resources (Information & Referrals on Programs, Assistance, & Services).....	(785) 233-4572
Child Care Aware of Eastern Kansas, Topeka (Child Care Needs Assistance Program) .....	(785) 357-5171
Shawnee County Health Department, Topeka (WIC Program) .....	(785) 251-5607
Shawnee County Community Developmental Disability Organization, Topeka .....	(785) 232-5083
Topeka and Shawnee County Public Library (Referrals and Community Outreach Information) ..	(785) 580-4400
Birthright, Topeka (maternity and infant needs and supplies) .....	(785) 234-0701
United Way, Topeka .....	(785) 273-4804

Catholic Charities, Topeka .....	(785) 233-6300
Salvation Army, Topeka .....	(785) 233-9648

## Regional/State Organizations

Topeka Independent Living Resource Center.....	(785) 233-4572
Jayhawk Aging and Disability Resource Center, Topeka.....	(785) 235-1367
Jayhawk Area Agency on Aging, Topeka .....	(785) 235-1367
Services for those who are Blind or Visually Impaired .....	(620) 663-3989
Shawnee county CDDO.....	(785) 232-0583
Kansas Commission on Veterans Affairs, Topeka .....	(785) 670-3372
Kansas Department for Children and Families, Topeka ( <a href="http://www.dcf.ks.gov">www.dcf.ks.gov</a> ) .....	(785) 296-3271
Senior Health Insurance Counseling for Kansas (Medicare help).....	(785) 235-1367
Long Term Care Ombudsman, Topeka .....	(785) 230-0715
Kansas Legal Services, .....	(785) 354-8531
Social Security, Topeka .....	(888)327-1271

## Food

Community Action.....	(785) 836-4500
.....	<a href="http://www.wefightpoverty.org">www.wefightpoverty.org</a>

### [Community Resource Council Directory](#) for Shawnee County; Pages 160-168

Catholic Charities, Topeka .....	(785) 233-6300
Harvesters, Topeka.....	(785) 861-7700
ICare Inc, Topeka .....	(785) 267-5910
Community Resource Council, Topeka.....	(785) 233-1365
Let's Help Inc, Topeka (food pantry) .....	(785) 234-6208
Topeka Rescue Mission, Topeka (food pantry, shelter, clothing) .....	(785) 354-1744
Commodity Supplemental Food Program (60 yrs. or older).....	(785) 368-8120
Meals on Wheels Dining Centers (lunch for those 60 yrs. and older) .....	(785) 295-3980
Meals on Wheels Home Delivery Lunch meal for those 60 and older).....	(785) 295-3980
Doorstep Inc, Topeka.....	(785) 357-5341
Community Action (call first for distribution dates and locations) .....	(785) 836-4500
North Topeka Outreach .....	(785) 286-1370
Meals at Topeka Rescue Mission .....	(785) 354-1744
Moms Meals Nourish Care ( <a href="http://www.momsmeals.com">www.momsmeals.com</a> ) .....	(877) 508-6667
Monthly Mobile Food Pantry at CRC CARE Center at 455 SE Golf Park Blvd, Topeka.....	(785) 233-1365
City of Topeka for most up to date listing of food pantries, banks and meals .....	(785) 368-4490
Boys and Girls Club – Adams Club (ages 5-18; must be enrolled, snack & dinner)...	(785) 234-5601
Boys and Girls Club – Teen Center (for pick up only) .....	(785) 571-2042

Doorstep Food Bank, Pantry Meals listing ..... (785) 357-5341  
 ..... <https://doorsteptopeka.org/wp-content/uploads/2021/02/Food-Pantries-Meal-Programs-FINAL-DEC-2020.pdf>  
 Family of God Church (Tues and Thurs; call for hours) ..... (785) 234-1111  
 LINK to options from the DCF site:  
<http://www.dcf.ks.gov/services/ees/Pages/Food/FoodAssistanceRelatedLinks.aspx>

## Transportation

East Topeka council on Aging (elderly, disabled) ..... (785) 232-7765  
 Family Service and Guidance Center (medical) ..... (785) 232-5005  
 Papan’s Landing Senior Center (elderly, disabled) ..... (785) 232-1968  
 Prairie Band Potawatomi Nation (elderly, disabled) ..... (785) 966-2995  
 Topeka LULAC Senior Center (elderly) ..... (785) 234-5809  
 Low Income Transit Pass, Topeka Metro ..... (785) 783-7000  
 Doorstep Inc, Topeka (gas voucher, bus tickets; call first for what papers to bring) .. (785) 357-5341  
 Home Instead Senior Care (elderly transportation services) ..... (785) 272-6101  
 Topeka Metropolitan Transit Authority ..... (785) 783-7000

## Shelter

### Homeless Shelters/Transitional Housing

Topeka Rescue Mission, Topeka (homeless shelter, food pantry, clothing) ..... (785) 354-1744  
 Catholic Charities, Topeka ..... (785) 233-6300  
 Salvation Army, Topeka ..... (785) 233-9648  
 Shelter Plus Care, Topeka ..... (785) 368-3711  
 Homeless Veterans ..... (877) 223-8387  
 VASH Voucher Program for Veterans ..... (620) 624-0280 x23

### Rent & Utilities

Catholic Charities, Topeka ..... (785) 233-6300  
 Salvation Army, Topeka ..... (785) 233-9648  
 Community Action Inc, Topeka (weatherization program) ..... (785) 836-4500  
 ..... [www.wefightpoverty.org](http://www.wefightpoverty.org)  
 United Way of Greater Topeka ..... (785) 273-4804  
 VASH Voucher Program for Veterans ..... (620) 624-0280 x23  
 Tenant Based Rental Assistance; check the listing to see if the county being researched in participating; <https://kshousingcorp.org/renters/tenant-based-rental-assistance/>

Weatherization Assistance (check the region for the county being researched;  
<https://kshousingcorp.org/homeowners/weatherization-assistance/>

LIEAP – Low Income Energy Assistance Program;  
<http://www.dcf.ks.gov/services/eas/Pages/EnergyAssistance.aspx>

## Landlord Issues

Housing and Credit Counseling (Landlord and tenant issues) ..... (800) 383-0217  
..... [www.hcci-ks.org](http://www.hcci-ks.org)  
Kansas Housing Resources Corporation ..... (785) 217-2001  
..... [www.kshousingcorp.org](http://www.kshousingcorp.org)

## Housing

Shawnee County Housing Authority, Topeka..... (785) 357-8842  
Kansas Housing Resources Corporation (includes weatherization assistance) ..... (785) 217-2001  
[www.kshousingcorp.org](http://www.kshousingcorp.org)  
Kansas Rural Development, Topeka ..... (785) 271-2700  
Affordable Housing ..... [www.affordablehousingonline.com](http://www.affordablehousingonline.com)

## Other Resources

[Kansas Commission on Disability Concerns \(KCDC\)](#) Choose “Life Resources” or “Youth” at top of page.

Shawnee County Resources; [http://www.snco.us/HD/Document/2020\\_community\\_resource.pdf](http://www.snco.us/HD/Document/2020_community_resource.pdf)  
[Community Resource Council Directory](#) for Shawnee County

Community Action ..... [www.wefightpoverty.org](http://www.wefightpoverty.org)

Topeka and Shawnee County Public Library, ..... <https://tscpl.org>

City of Topeka, City Council, Boards and Commissions, Municipal Court, Utilities, City News, and more! ..... [www.topeka.org](http://www.topeka.org)